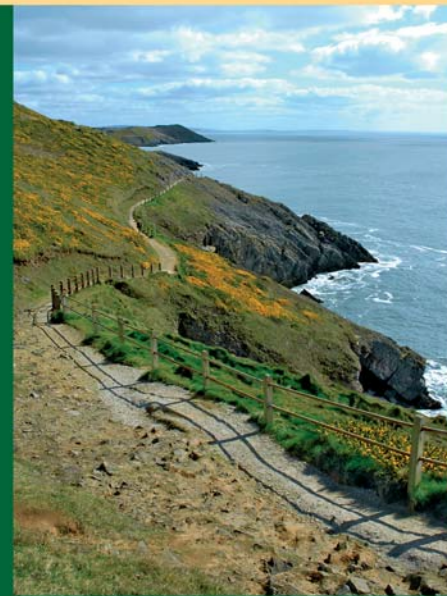


WALKING BY BUS



Langland and Caswell



Swansea Bay
Mumbles and Gower



'Walking by Bus' is a City and County of Swansea initiative to encourage sustainable tourism and healthier lifestyles by promoting short walks linked to bus routes.

Bus Information

Mon-Sat (every 15 minutes):
First Cymru No. 2 to Newton from Swansea Bus Station.
Sun (no service).
Please check details before travelling.
Traveline Cymru: ☎ 0870 608 2 608
www.traveline-cymru.org.uk

Walk Highlights

- Gower was the first designated Area of Outstanding Natural Beauty in the UK, and was chosen for its classic coastline and outstanding natural environment.
- Spectacular views over the Bristol Channel to North Devon and beyond.
- Rare chough (only 10 pairs live on Gower), skylark, peregrine falcons and buzzards.

Useful Contacts

Swansea Tourist Information Centre
☎ 01792 468321
✉ tourism@swansea.gov.uk
www.visitswanseabay.com
www.swansea.gov.uk/aonb



Start & Finish: Bus stop on Caswell Road opposite Caswell Drive, Newton

Distance Covered: Approx. 2 miles

Average Time: 1-2 hours

Terrain: Surface varies from hard, firm, smooth; to soft, uneven; two flights of steps; no stiles

Safety Information: The route crosses the golf course - beware of airborne golf balls!

Be prepared: Wear appropriate clothing and footwear for the conditions and season

Refreshments: Seasonal refreshments at Langland Bay

Public Toilets: Langland Bay

- Start at the bus stop on Caswell Road and walk back the way you arrived on the bus for a few yards. Turn right along Hillgrove (private road, but public footpath).
- Follow the track as it turns right and crosses part of the golf course. Continue along the same track until you emerge on the golf course above the coast. Turn left and walk along the path for about 150 yards following the coast until you reach the top of the path that leads down to the sea shore.
- Turn right and carefully walk down the

steps until you reach the coast path. Turn left and follow the path around the coast to Langland Bay.

- Walk past the first few beach huts on your left then turn left up the lane away from the Bay to the bottom of Brynfield Road. Turn left and follow the lane towards Langland Bay Golf Club.
- Before the clubhouse turn right past the 'No Entry' sign and follow the narrow path across and then beside the third fairway of the golf course.
- Here you will emerge onto a track. Cross over the track and up the bank onto a second track. Cross this track and climb a short flight of steps onto a third track, which you followed earlier.
- Turn right and follow the track, retracing your steps back to Caswell Road. Turn left and return to the bus stop.



This publication is available in alternative formats. Please contact ☎ 01792 468321 for further details.

Information correct at time of going to print - April 2006. Other leaflets in this series are available from Swansea Tourist Information Centre, Plymouth Street, Swansea SA1 3QG.

WBB/Cas/06



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